

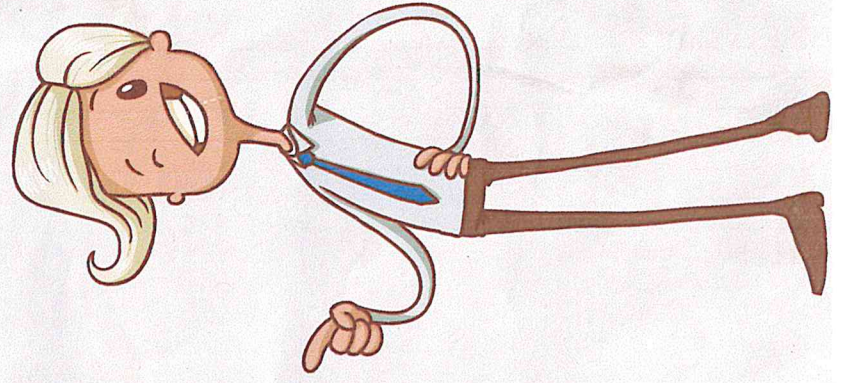
Fermanagh Primary Menu

school food

Try Something New Today
www.schoolfoodni.com

A special Dietary Alternative will be available daily.

(H) Hearty
(RMF) Red Meat Free
(/) Or



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 23/11, 21/12, 18/01, 15/02, 15/03, 12/04, 10/05, 07/06.	Oven Baked Sausage/ Macaroni Cheese Creamy Mashed Potato Baked Beans in tomato Sauce & Veg/Pasta Salad Crusty Bread (RMF) Decorated Biscuit Served With Chilled Milk/Water Fruit Bag	Oven Baked Salmon FC Spaghetti Bolognese Mash Pot & Peas/Veg Sliced Wheaten Bread Frozen Flavoured Ice Cream Tub with Choc Sauce Served with Chilled Milk/Water Fruit Bag (H)	Succulent Steak Burger & Plain Bap With Tomato Ketchup & Garden Salad Plain Oven Wedges / Baked Potato Homemade Chocolate Brownie Served with Chilled Milk/Water Fruit Bag	Homemade Chicken Curry & Boiled Rice/ Seasonal Veg Served with Warm Naan Bread Flavoured Frozen Yoghurt Served With Chilled A/O Juice Or Chilled Milkshake Fruit Bag (RMF)	Goujon Chicken Wrap/ Panini Served With Oven Baked Savoury Baby Potato/Seasonal Vegetables/Pasta Fudge Yoghurt & Seasonal Fruit Served With Chilled Milk/ Water (H)
Week 2 30/11, 28/12, 25/01, 22/02, 22/03, 19/04, 17/05, 14/06.	Slow Cooked Savoury Mince Served With Creamy Mashed/Pasta Vegetable Of the Day HM Wheaten Bread Fruit Rice Krispie Squares Served with Chilled Milk/Water Fruit Bag (H)	Chicken Goujons/ BBQ Chicken Strips with Baby Boiled Potato/Creamy Mash Pot & Seasonal Veg Garlic Dip & Crusty Bread Fudge Yoghurt & Mandarin Oranges Served with Chilled Milk/Water (RMF)	Oven Baked Breaded Fish Fingers With Baked Beans in Tomato Sauce Mashed Pot & Seasonal Vegetables/Pasta Sliced White Bread Chocolate Cookie Served With Chilled Milk/Water Fruit Bag (RMF)	Oven Roast chicken, herb stuffing, creamy mash potato/Seasonal Veg With Gravy/Boiled Rice Frozen Fruit Flavoured Ice Cream Tub Served with Chilled Milk/Water Fruit Bag (H)	Chicken Panini/ Mexican Beef Wrap Wrap Served With H Chip/Creamy Mash With Seasonal Veg Frozen Flavoured Ice Cream & Strawberry Jelly Served with Chilled Milk/Water Fruit Bag
Week 3 07/12, 04/01, 01/02, 01/03, 03/05, 31/05, 28/06.	Homemade Chicken Curry & WH Boiled Rice/ Seasonal Veg Served with Warm Naan Bread Flavoured Frozen Yoghurt Served With Seasonal Fruit Chilled A/O Juice/Chilled Milk (RMF)	Homemade Mince Lasagne Or Sav Mince & Pasta & Seasonal Veg/ Garden Side Salad & HM WH Bread/Pasta Crunchy Cornflake Tray bake Served With Chilled Milk/Water Fruit Bag (H)	Double Sausage Hot Dog Mashed/Baked Potato BBQ Chicken Wrap With Garden Side Salad Sweetcorn/Seasonal Veg Frozen Vanilla Ice Cream Tub Served With Chilled Milk/Water Fruit Bag (H)	Oven Baked Bread Fish Hearty Chips/Creamy Mashed Potato With Garden Peas/Vegetables Sliced Wheaten Bread Frozen Flavoured Yoghurt Served With Seasonal Fruit Chilled Milk/Water (RMF)	Succulent Steak Burger & Plain Bap with Savoury Diced Potato / Creamy Mashed Potato & Veg Served With Tomato Sauce With Warm Jam & Coconut Sponge Served With Chilled Milk/Water Fruit Bag (H)
Week 4 14/12, 11/01, 08/02, 08/03, 05/04, 24/05, 28/01.	Succulent Chicken Tikka With Boiled Rice/ Baked Potato & Seasonal Vegetable Served with Warm Naan Bread Frozen Flavoured Fruit Yoghurt Served with Seasonal Fruit Bag (H) Chilled Milk/Water	Oven Roast Chicken Herb Stuffing Roast Potato/ Creamy Mashed Potatoes Served With Seasonal Veg & Gravy Crunchy Fruit Cracknel Tray Bake Served With Chilled Milk/Water Fruit Bag (H)	Cheesy/Tomato Pizzas Served with Pasta Spirals/Creamy Mash & Seasonal Veg Warm Crusty Roll Decorated Fruit Cookie Served with Chilled Milk/ Water Fruit Bag (RMF)	Savoury Steak Mince Creamy Mashed Potato/ Baby Boiled Served With Seasonal Vegetables Wheaten Bread/Pasta Sponge Cake Surprise Served With Chilled Milk/Water (H) Fruit Bag	Homemade Breaded Chicken/Fish Goujon Chips/Wedges Or Creamy Mash/Veg & Garlic Mayo Frozen Flavoured Ice Cream and Strawberry Jelly Served With Chilled Milk/Water Fruit Bag (RMF)

Allergen/Special diet information is available on request from your designated School Catering Supervisor
This menu has been designed to comply with current Nutritional Standards